

## Tips for reducing waste: single-use swaps!

Swap plastic and paper straws or a reusable metal or glass straw



Take your own cup when you next buy a fountain drink



Switch your disposable face mask for a reusable one



Wrap your lunch in something which can be reuse, such as beeswax wraps



Take a cloth bag when you go shopping



Carry some cutlery in your car or bag



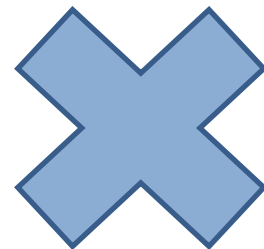
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